



HOLIDAYS

Public Holidays? open 10am - 1pm
but please always check the website

Mondays

9AM - 10AM Gravity Fitness
10AM - 6PM Hourly Jumps
6PM - 7PM Gravity Fitness

Tuesdays

9AM - 10AM Gravity Fitness
10AM - 6PM Hourly Jumps
11AM - 12.30PM Skillz Workshops
3PM - 4.30PM Skillz Workshops
6PM - 7PM Gravity Fitness

Wednesdays

9AM - 10AM Gravity Fitness
10AM - 6PM Hourly Jumps
5:30 - 6PM Express Fitness
6PM - 7PM Gravity Fitness

Thursdays

9AM - 10AM Gravity Fitness
10AM - 6PM Hourly Jumps

Fridays

10AM - 6PM Hourly Jumps
11AM - 12.30PM Skillz Workshops
3PM - 4.30PM Skillz Workshops

Sundays

9AM - 10AM Gravity Fitness
10AM - 4PM Hourly Jumps

Saturdays

8AM - 9AM Gravity Fitness
9AM - 10AM Little Gravity 3 - 5 yrs
10AM - 7PM Hourly Jump Sessions
7PM - 9.30PM Gravity ROCK ages 12+